

About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails

Phone: 604-323-1141 Fax: 604-323-1148 Toll Free: 1-888-9-TRAILS from within the USA or Canada or

E-mail: info@hiddentrails.com Website: www.hiddentrails.com

Address

659A Moberly Road, Vancouver BC Canada V5Z 4B3 or 4406 Tennyson Road, Willmington, DE 19802 USA

Toll Free from the U.K.:

Ph: 0-808 189-0420 Fax: 0-808-280-1860

Toll Free Worldwide:

Skype: hiddentrails

Cezanne Ride in Provence - France, Europe

Tour Code: IT-FRPV05 6 days / 5 nights ~\$1,815.00 Dates: Mar, May & Nov

Trip Rating: Lodging: ♣♣♠

Tack: Trail Saddles Horses: Arab/Spanish cross Pace: Moderate - with walk, trot and canters Walk.Trot.Canter.

Airport: Marseille





Introduction

Provence, France

Montagne Sainte-Victoire: The Provence of Cezanne

This ride traverses around the infamous Montagne Sainte-Victoire, a limestone mountain that extends over 18 kms between the regions of Bouches-du-Rhone and Var. You will discover why famous painters, such as Cezanne and Picasso, who both once lived in the area, fell in love with this contrasting landscape. The bright white cliffs, the blue of the sky, the green of pine forests and the red clay at the foot of the mountain offer a mosaic nature where exist 900 different families of plants, 27 types of mammals and over 100 species of birds.

Nestled between the Durance in the north and the Etoile range and Olympe and Aurelien mountains in the south, the Aix region is unforgettable and holds plentiful treasure for you to discover off the beaten track. Here, it is always spring; this verdant jewel casket contains many treasures of architecture, the country houses of the Aix Region reflecting both the Provençal art de vivre and the richness of the land.

We highly suggest to spend at least one night in Aix-en-Provence; from the Celto-Ligurian Oppidum of Entremont to the new Sextius-Mirabeau Quarter, with the City of Counts and the many mansions of the Mazarin Quarter, Aixen-Provence is a living history book. Rich and alive with a heritage thousands of years old, the Capital of Provence combines elements from all times. We can help you book hotels in this historical city along with bus shuttles to Aix center to TGV train station and Marseille airport every 20 minutes.

Accomodation



This is a progressive ride, so you will be staying in different locations during the trip.

Accommodations during the trail will be in guesthouses and country inns with 2 or 3 pax per room. The rooms are basic, but clean and most of them have ensuite bathrooms. We select our accommodation according to its beautiful setting and friendly atmosphere, for riders to enjoy a pleasant stay. There are no laundry facilities while on trail. All accommodations have WIFI.

Accommodation Itinerary - subject to changes based on availability Night 1: Les Gargoulettes in Lauris

Night 2 & 3: Le Catalan in Jouques

Night 4: Hotel L'Esplanade in Rians Night 5: La Desirade near Beaurecueil

Night 6: Les Gargoulettes in Lauris

Les Gargoulettes in Lauris

Your host welcome you in their lovely country house. Each room has its own theme and decor with airconditioning, a TV, free Wi-Fi access and ensuite facilities. There is an outdoor swimming pool, a Jacuzzi and a sauna that guests are welcome to use.

Le Catalan in Jouques

This beautiful property dates back to the 17th century and offers charming bedrooms, each uniquely decorated and with a private bathroom. There are common areas where guests can watch TV, chat by the fireplace or surf the free Wi-Fi. There is also an outdoor pool, a lovely garden with a sitting area and a small lavender field.

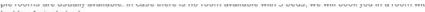
Hostellerie de l'Esplanade in Rians

This cozy hotel originally opened in 1941 and offers simply decorated bedrooms in the heart of Rians. All rooms are fitted with a TV and an ensuite bathroom with hairdryer and toiletries. Wi-Fi is available in all areas and is free of charge.

Room Occupancy

this mann a nine when the case there is no room eventable with 3 hade we will show you in a room with





1 double +1 single bed.

If you book in shared bedrooms and if there is no other rider to share with you, the single supplement fee will be applied.



Meals

All meals are included in your package and typical Provençal meals are on the menu.

Breakfast will be provided by the accommodations we stay in. It usually consist of a typical French breakfast with hot drinks, bread, butter, marmelade, honey and cereals, (no cheese, eggs...).

At lunch, our assistant will prepare a substantial buffet. A "pastis", a glass of red wine, a barbecue by a mountain stream, a refreshing salad, a nap before leaving again: many small pleasures which will add to the enjoyment of our rides.

In the evening everyone meets around the table, to discover local food - or should we say "cuisine" - don't count on losing any weight.

Wine is included with lunch and dinner.

Dietary Restrictions

We can cater to dietary restrictions with prior notice.



Riding

Riding Level

In order to make the most of the ride, we require riders to be at ease with walk, trot and canter, in outdoor riding.

Pace

This program includes 4.5 riding days. You will ride an average of 5 hours every day (about 2-3 hours in the morning and again 2-3 hours in the afternoon). The pace will vary according to the terrain.

Horses

Most of our horses are Barb and Spanish crosses. They have been trained for trail riding and are sure-footed. They live together as a herd, all year long.

During the ride, we advise you to take care of your horse, in order to get to know him better, and to create a special relationship with him.

Riding Group

Groups are made out of 5 to 8 riders. This limited amount of riders, often including several nationalities, allows each person to make the most of the trip.

Staf

Two members of staff will accompany you on your trip: 1 guide on horseback who speaks English and French and 1 person in charge of transporting luggage and setting up the lunch buffets.

Guides are certified, and friendly. They made a job out of their passion and enjoy sharing their passion with guests. Whether on the Alpes or on the beaches of Camargue, amongst odorant thym, rosmary and lavander, our guides are here to keep riders safe. All guides speak English.

Itinerary







Sample Itinerary - subject to change

Please, note that this is an indicative itinerary: may be subject to changes if necessary (weather, flood of the Durance, fire risks. ...)

Day 1 (Sunday): Arrival

Transfer from Aix-en-Provence train stations or Marseille airport, or meeting directly at your accommodation in Lauris. Welcome aperitif with your guide.

Meals included: Dinner

Overnight at Les Gargoulettes in Lauris

Day 2 (Monday): Saint-Paul-lez-Durance to Jouques

Ride in the Luberon nature park to try your horse. After lunch you will load your horse in the truck and you will be transferred with our minibus to Saint-Paul-lès-Durance, an old Roman fluvial harbour used to transport wood and many goods from the Alps to Marseille and the Mediterranean coast. You will start your ride on pleasant trails in woods and alongside vineyards to arrive in Jouques. After riding through the village we will reach our accommodation.

Meals included: Breakfast, Lunch & Dinner Overnight at B&B near Jouques

Day 3 (Tuesday): Jouques to Vauvenargues

You will ride in the typical Mediterranean forest. Pine trees, green oaks, and many herbs such as rosmary and thyme will perfume your ride. You will follow the old Verdon canal, built in 1865 to bring the Alps water to Aix-en-Provence and it's numerous fountains. Riding to the North of the Sainte-Victoire, you will discover many sheepfolds and Roman ruins. A copious lunch prepared by our assistant will wait for you under pine trees shade. The afternoon, you will ride among brooms to the Bimont lake. Overnight near the village of Vauvenargues, famous for its castle, bought in 1958 by Picasso, where he used to live until 1962, he is lying in the park of the castle. Bus transfer to the same accommodation as yesterday.

Meals included: Breakfast, Lunch & Dinner

Overnight at B&B near Jouques

Day 4 (Wednesday): Vauvenargues to Rians

After breakfast transfer to Vauvenargues where the horses are waiting for us. You will start your ride on the North of Mount Sainte-Victoire, to reach the Sinne pilgrim oratory, now a sheep pasture. You will follow the Gardiol forest and ride along the Vacon stream toward Rians, important crossroads between the Alps and the coast. The tradition says that Hannibal took this road to pass the Alps before his Rome conquest. Dinner at the restaurant and night at the hotel in the village.

Meals included: Breakfast, Lunch & Dinner

Overnight at Hotel in Rians

Day 5 (Thursday): Rians to Beaurecueil

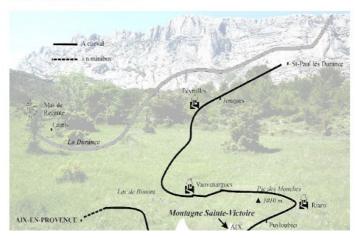
You will leave the vineyards and ride toward the South sunny side of the Sainte-Victoire. You will discover high white limestone cliffs contrasting with the green forests, and you will imagine Cezanne walking on these perfumed trails before arriving to the village of Beaurecueil.

Meals included: Breakfast, Lunch & Dinner

Overnight at La Desirade near Beaurecueil

Day 6 (Friday): Beaurecueil to Saint-Marc-Jaumegarde

You will end your ride around this fascinating Sainte-Victoire mountain on the west. Spectacular point of view while riding on the Bimont barrage, retaining the Verdon river. Then, you will ride near a Roman aqueduct. A trail will lead you to the Bibemus stone quarry. From the antiquity until the 18th century, monuments in Aix-en-Provence were built with these red stones. Cezanne fell in love with this mixture of mineral and vegetal landscapes, he made 11 oil paintings and 16 aquarelles of this place. The ride will finish near Aix-en-Provence at Saint-Marc-Jaumegarde where you will enjoy the last lunch in an auberge. The afternoon, we will drive you to Aix-en-Provence with our minibus to visit Cezanne's workshop, walk in the town and enjoy some shopping. At the end of the afternoon, you will be transferred to Mas de Recaute if you left your car, or to the train station or airport. Meals included: Breakfast & Lunch









Non Riders

Non-riding companions are welcome to join this trip. It is best to have a car in order to do some sightseeing while the rest of the group explores on horseback.

Other Info

Meeting: Lauris Airport: Marseille

Train station: Aix-en-Provence

Transfer: Marseille Distance: 45 miles

Pick-up / drop-off for this trip is available from Aix-en-Provence TGV train station, Aix-en-

Provence central train station or Marseille airport.

Tack: Trail Saddles
Horses: Arab/Spanish cross

Pace: Moderate - with walk, trot and canters

5 hours a day on horseback on average

Walk | Trot | Canter |

Level: (3 to 4 out of 5) Intermediate

Age: Min 12 Max 80

Weight: 200 lbs / 90 kg

Riders: Min 4 riders Max 8 riders

Rates and Dates 2024 - IT-FRPV05

Rates include: Standard accommodations, All meals with wine for lunch and dinner, Transfer from/to Marseille Airport or Aix-en-Provence Train Station at set times & 4.5 riding days

Packages and Options

Season	Description	EUR	~US\$
A 2024	6 day trip (2-3 pax shared bedroom)	€1650	\$1815

The US Dollar Rate is based on a EUR Exchange Rate of 1.1 and subject to currency fluctuation

Rates Note:

For 1 pax booking as willing to share: 25% off single supplement rate will be applied if we don't have anybody to share with you It is possible to book extra nights before or after the tour - please inquire

Transfer Option

Description

2024	Free transfer from/to Marseille Airport or Aix-en-Provence Train Station at set times		
	Taxi transfer from/to Aix-en-Provence TGV station, one way, per car (3-4 pax)	€100	\$110
2024	Taxi transfer from/to Aix-en-Provence central train station, one way, per car (3-4 pax)	€130	\$145
2024	Taxi transfer from/to Marseille airport, one way, per car (3-4 pax)	€150	\$165
2024	Single supplement	€280	\$310
2024	Non-rider - 50% discount		
2024	Small group supplement (3 pax only), pp	€445	\$490
2024	Small group supplement (2 pax only), pp	€1280	\$1410

Tour Dates

Tour Dates			
03/24/2024 - 03/29/2024	6d / 5n	6 day trip (2-3 pax shared bedroom)	
05/19/2024 - 05/24/2024	6d / 5n	6 day trip (2-3 pax shared bedroom)	
11/03/2024 - 11/08/2024	6d / 5n	6 day trip (2-3 pax shared bedroom)	
	03/24/2024 - 03/29/2024 05/19/2024 - 05/24/2024	03/24/2024 - 03/29/2024 6d / 5n 05/19/2024 - 05/24/2024 6d / 5n	03/24/2024 - 03/29/2024 6d / 5n 6 day trip (2-3 pax shared bedroom) 05/19/2024 - 05/24/2024 6d / 5n 6 day trip (2-3 pax shared bedroom)

Min/Max: 4/8

Rates do not include:Beverages outside of mealtimes & Gratuities

Reservation Form

Tour:	Code #:	from	: to :	
The Travelers (Last Name, First Name)	Male Female Single room / or tent Birth Da	Height Weight	og de	ob de
1.				
3. 4.				
Special Diets: Your fitness level: Excellent Moderate	□ Poor□ Ho	w long have you b	een riding?	
How often do you ride?				when?
If Hidden Trails offers a transfer from the loc	al airport/station: I	would like the tran	sfer to be included: YE	s() NO()
In an emergency, name and phone number of	f contact:			
Attention: Please, if there is more than one p	oarticipant, all have t	o sign the reserva	tion form - make copies it	needed
With my signature I confirm my reservation o I made all participants aware of the risk invol with the Hidden Trails Booking Conditions an	ved with these outdo	or adventure act	vities. All participants ha	ve read and agree
brochure or as listed on the Internet. I (we) will sign and forward the Recreational A Last Name and First Name (The Traveler)		ndemnity Agreem	ent at least 10 weeks befor	e trip starting date.
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Hidden Trails Ltd. 659A Moberly Road Vancouver, BC V5Z 4B3 FAX: 604-323-1148 Phone: 604-323-1141

